



X-treme Sports Camp

Agenda

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*Tentative
Subject to change*

- ❖ Day one - June 16th Monday
Nutrition presentation, stretching/exercising activity and Paintball!
- ❖ Day two - June 17th Tuesday
Travel to North Shore Beach for surfing lesson; swimming, running, hiking, and kayaking in the Lagoon.
- ❖ Day three - June 18th Wednesday
Racquetball at Lawnwood, and soccer at Weldon B. Lewis Park and running at Ancient Oakes Park and ice cream. Yeah!
- ❖ Day four - June 19th Thursday
"ROPES" Creative Challenge Course at Lawnwood Pavilion then back to the Extension for BBQ lunch and outdoor sports.
- ❖ Day five - June 20th Friday
Travel to Downtown Mall at the Gardens for a special lunch made by our campers and Chef Bill, then on to our next stop at DuBois Beach in Jupiter for swim & surf.

Any questions, call Sharon at (772) 462-1660

The Foundation for The Gator Nation

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