

SUGGESTED ITEMS FOR YOUR EMERGENCY DISASTER KIT

Place these items in large waterproof containers. Your supplies should last you two weeks.

- Can Opener** – manual.
- Disposable cups, plates and utensils** (saves on water).
- Paper Towels and Baby Wipes**
- Ice**
- Gallon Zip-Lock Bags** for making ice and water-proofing items.
- Large Garbage Bags** to collect refuse and water-proof items.
- Cooking Facilities** – Grill, charcoal and lighter fluid; gas grill and extra propane refills; fondue pot with sterno refills.
- Matches** in a waterproof container.
- Food Supplies** for at least seven days, preferably two weeks: Canned goods: meat, fish, fruit, soup, veggies (use liquids for cooking). Other Foods: peanut butter, jelly, bouillon cubes, fresh fruit, bread, cereal, ice, crackers, chips, peanuts, cheese, dried foods. Powdered or canned beverages (coffee, powdered milk with chocolate syrup, cola, punch, Kool-Aid, fruit juices). Bottled Water (1-1/2 gallons per person for seven days).
- Bleach** (several gallons) for water purification (not the scented kind) or cleanup. Must not contain cleaning agents. Sodium Hypochlorite must be the only active ingredient.
- Eyedropper** for measuring bleach.
- Soap** in a plastic container.
- Toiletries** – one month supply: toilet paper, aspirin, antacid tablets, anti-diarrhea medicine, cough medicine, allergy medicine, sunscreen, chapstick.
- Bug Repellant**
- Pet Food and Cat Litter, Pet Carrier**
- Film** for camcorder and camera.
- Cash or Traveler's Checks**
- Prescriptions** refilled.
- Needle and Thread**
- First Aid Kit and Manual:** (3) rolls gauze adhesive bandages assorted sizes, gauze pads (2 and 3 inch), adhesive tape, cotton swabs, moistened towelette packets, antiseptic ointment, first aid cream, hydrogen peroxide, burn ointment, rubbing alcohol, ammonia inhalants, scissors, needle, safety pins, thermometer, tweezers.
- Copy of homeowner's flood and auto policies** and agent's telephone number. The originals should be in your safe deposit box.
- Fill car and fuel cans with gasoline.**
- Unleaded Gas** and Mantles for Lantern.
- Propane** for gas grill. Refills cost \$10-\$20 and cooks a dozen meals. Extra tanks cost \$25.
- Fuel** for generator or chain saw.
- Batteries** – Two sets for every item you plan to use. One alkaline battery will last for 24 hours with continuous use; regular zinc carbon batteries will only last 2 to 4 hours during continuous use. Regular batteries should be used for flashlights and

other items which do not draw much power.

- Portable Radio**
- Portable TV** with extra batteries (battery consumption is high).
- Flashlights** with extra bulbs.
- Hurricane Lamps and oil.**
- Caulking** to seal drain on tub and sinks (silicone type for easy removal).
- Latex Gloves**
- Household cleaners** and disinfectants for cleanup.
- Fire Extinguisher** (fully charged).
- Duct Tape** for securing broken windows.
- Masking Tape** – 2” wide.
- Extra Shutter Fasteners and Bolts**
- Drill and Screwdriver Bits and Adaptor** for Bolts for installing shutters.
- 1/2” CDX Exterior Plywood and Hardware** (1/4” machine screw anchors or lead shields, large deep lag bolts, roofing nails and tin tabs) for securing windows and patching holes in the roof.
- Roofing Tar and Tarpaper** (or self-adhesive roofing paper) for a Category 3 and above storm.
- Plastic covering** (or tarpaulin, visqueen, canvas) for large holes in the roof, broken windows, making tents and to cover furniture.
- Rope or Heavy Cord** for clothesline and securing boats.
- Ground Anchors** to secure boat and tool shed.
- Hammer and Nails**
- Screwdrivers**
- Razor knife**
- Emergency Generator** - \$200 for a 750 watt model that will run a few light bulbs to \$2,000 from an 8,000 watt that will run everything in your house. A 4,000-watt model will run

a small A.C., refrigerator and lights. A fuel tank larger than 5 gallons is preferable because it runs longer.

- Five gallons will be needed to run the generator all night long. Also, the generator should have an Oil Alert Switch to indicate the oil level.
- Heavy Duty Extension Cords** for generator connection to appliances.
- Chain Saw** – Small ones start at \$100. Get one with a 12-14 inch chain – it will give 2-3 days of steady cutting before the chain has to be replaced. Extra chains cost \$8.
- Axe or Hatchet and Handsaw**
- Crowbar**
- Work Gloves**

NOTE: The Federal Emergency Management Agency (FEMA), National Weather Service, and the American Red Cross all advise people not to use candles at all for any reason during or after a disaster. Candles can easily be knocked over by a gust of wind, and they tend to invite child fire play.

